

Reflections OF HONOR

Integrative Medicine at HonorHealth

East Meets West for
Blended Care

Via Linda Behavioral Hospital

Transforming
Mental Health and
Quality of Life

Golf Pro Turns Cancer into Compassion

The Laura Faye Beisser,
PGA Bone Marrow
Transplant Fund

A Ripple Effect of Healing

*Melani and Rob Walton's
Philanthropy Focuses on Solutions*

Reflecting on Honor



Dear friends,

Summer is a time to reflect on growth and all the possibilities to come. HonorHealth itself is in a season of growth, adding new programs, expanding services and filling gaps in community care.

In this second issue of *Reflections of Honor*, you'll learn about how HonorHealth has responded to our community's desperate need for behavioral health services, as well as a new integrative model for primary care. As the seeds of these new programs were planted, they were nurtured by generous donors who recognized their potential and wanted to see them blossom.

We truly admire your desire to make an impact on healthcare through your philanthropic gifts. Your generosity meets the needs of patients who come here at a time of great concern, looking for answers.

We reflect each day on how we can express our thanks for all the ways you cultivate growth at HonorHealth. One way is sharing these stories of the impact of your generosity. We hope you enjoy learning about the people and programs that make such a difference to our patients and our community.

With sincere gratitude for your friendship,

David J. Watson
Chair, Board of Trustees

Jared A. Langkilde, MBA, CFRE
President & CEO

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Generations of Generosity

The Farley Family Legacy of Giving Drives Advances in Heart Care at HonorHealth

Following the passing of their parents, the Farley children have continued to invest in HonorHealth through their family foundation. We are grateful to The Farley Family Charitable Foundation for a recent \$6 million gift that is standardizing high-tech cardiagnostic equipment across the HonorHealth system and supporting expansion of the HonorHealth Cardiovascular Center of Excellence.

"It's appropriate that our largest single charitable commitment ever is to HonorHealth Foundation," says Stuart Farley. "Our parents first recognized the opportunity to contribute to the

quality of healthcare in Arizona and taught us the joy in giving back. We are proud to continue supporting the work that was so important to them."

With identical ECHO machines at each HonorHealth medical center, medical staff can step in confidently at any HonorHealth hospital campus and deliver a high-technology cardiovascular diagnostic service.

"This generous investment does more than bring new equipment," notes Robert Burke, MD, FASE, FSCAI, Director of Non-invasive Cardiodiagnostics at HonorHealth. "Electrocardiograms often give us the first insight into a heart patient's condition. An accurate diagnosis facilitates better treatment, so every HonorHealth cardiovascular patient receives optimal care."

"Hundreds of heart patients are seen each week at the James N. and Nancy Farley Cardiodiagnostics Department. Thanks to the Farley family's continued legacy of support, our team has the latest technology for providing effective testing, which is the fundamental first step to providing individualized treatment," states Dr. Burke.

AHP Recognizes Foundation's Outstanding Performance

Each year, healthcare foundations submit data on finance, operations, staffing, governance and impact to the Association for Healthcare Philanthropy. For the third consecutive year, the Foundation was named among the most effective hospital foundations in the country.

"Only 60 organizations across the US and Canada have been recognized for this award in 2021," noted Alice Ayres, AHP President and CEO. "This honor is bestowed upon organizations who raise the greatest funds in a variety of categories in a given year."



This honor places HonorHealth Foundation in the company of the leading healthcare institutions across the country in both the Healthcare System and Overall categories.

"Every patient's experience at HonorHealth is touched by philanthropy," reflected Jared A. Langkilde, the Foundation's president and CEO. "We are so grateful for the support of our generous community and for the impact they make on HonorHealth with every gift."



Melani and Rob Walton

Creating Solutions

THROUGH PHILANTHROPY

The Rob and Melani Walton Foundation Funds Integrative Medicine at HonorHealth to Help Realize Their Vision of a Multi-Dimensional Healthcare System

Philanthropy is a calling of the heart and the Rob and Melani Walton Foundation's (RMWF) vision to elevate people, planet and purpose is changing the healthcare eco-system for HonorHealth patients. With its recent gift in support of HonorHealth Integrative Medicine, RMWF is creating a comprehensive and transformational approach for patients that allows humans and nature to interact and thrive, together.

"We see in our work—whether it is in conservation or healthcare—effective, creative solutions are too often disconnected from one another," explains Melani Walton. "Eastern and Western medical traditions have been advancing for hundreds of years, but they are frequently seen as entirely separate approaches to health and wellness. Through Integrative Medicine practices like the kind HonorHealth provides, there is an opportunity to combine ancient wisdom and modern technology, to rethink the building blocks of wellness from the spiritual to the physical, and to create a more powerful pathway forward."

HonorHealth's Integrative Medicine primary care practice revolves around the critical relationship between practitioner and patient. Founded on a model of health and wellness, as opposed to a model of disease treatment, integrative medicine combines a variety of disciplines, including alternative and conventional Eastern and Western medical therapies, to provide safe, effective healthcare. This model includes

"Eastern and Western medical traditions have been advancing for hundreds of years, but they are frequently seen as entirely separate approaches to health and wellness."



Melani and Rob are focused on the broader connection between human and planetary health, which impacts all biological beings.

therapies that collaboratively focus on nutrition, exercise, sleep and stress management and incorporate functional medicine and natural treatments that enhance the body's ability to heal itself. Examples of this include acupuncture and preventative nutrition including vitamin and herbal supplements.

As Valley residents, Melani and Rob support numerous organizations in Arizona to propel and promote physical, mental and social wellness through multiple avenues in the desert they call home. Through their belief that human well-being is essential to this mission, Rob and Melani have built a strong network in support of life-changing health programs, including those offered by HonorHealth, which help people to be healthy and connected to the world around them.

"People are multidimensional, and we believe our healthcare system should be multidimensional, too," says Melani. "HonorHealth's Integrative Medicine practice takes a holistic approach to wellness, drawing on traditional and alternative therapies and emphasizing comprehensive treatment. Expanding access to this type of evidence-based medicine is good for individuals and good for Arizona as we each seek to live our lives to the fullest."

Melani and Rob are focused on the broader connection between human and planetary health, which impacts all biological beings.

"Our hope is that the healthcare system evolves to meet this understanding, offering holistic, science-based care, expanding access to new, effective treatments, and recognizing the need for more comprehensive approaches to allow humans and nature to thrive together," Rob notes.

As a community-based, nonprofit hospital system, HonorHealth Foundation works with donors to help them find their impact. It is through this partnership of grateful patients and visionary partners that we can provide the most innovative and comprehensive healthcare available to accelerate community health. Philanthropists not only provide the resources and opportunities, but they drive social change. Our donors are the architects and the imagination behind elevating the conditions of people and populations.

"Rob and Melani may never know how many lives they have directly impacted, but this is the beauty





of philanthropy and elegance of transformational change,” said Ashleigh Leite, Senior Vice President of Major Gifts at HonorHealth Foundation. “This gift is creating an integrative medicine service line, which will be woven into the fabric of HonorHealth’s primary care network, the largest in the state of Arizona. Their support ensures that countless Arizonans will have direct access to Integrative Medicine services as a component of their primary care.”

Rob and Melani look at solving challenges facing our world holistically, which in combination with their heart-driven efforts, may be the catalyst for their global impact.

The RMWF is a global force acting locally, but Rob and Melani are quick to offer that philanthropy and its individual impact comes in many forms, whether volunteering time, sharing one’s talents or offering financial support.

“Whether you are beginning a philanthropic journey or reevaluating your priorities, we always recommend identifying the communities that

Rob and Melani look at solving challenges facing our world holistically, which in combination with their heart-driven efforts, may be the catalyst for their global impact.

matter to you, the values driving your actions and the opportunities you have to support the people, places and ecosystems that make your community unique,” says Melani.

This is a critical and exciting time to be part of the movement toward collective well-being and advancement. And we know it can’t be done without the generosity of donors whose love for humanity accelerates and improves quality of life for the greater public good. ●

East Meets West with the Practice of Integrative Medicine

Combining The Two Modalities Offers a Blended Functional Approach to Care

Today, more and more people are looking for alternatives to Western medicine and conventional treatments, while striving to live a healthier lifestyle. Integrative medicine, a patient-focused, whole-person medical practice that uses both evidence-based and experienced-based therapies, is quickly becoming a popular option.

Integrative medicine emphasizes health and well-being as well as illness prevention through healthy living. It strives to prevent disease which translates to fewer medications and fewer visits to your doctor and hospital.

HonorHealth's Integrative Medicine primary care practice is based on a model of health and wellness and revolves around the critical relationship between practitioner and patient. It combines alternative and conventional disciplines to treat holistically with a focus on the mind, body and spirit connection. A patient can expect their practitioner to use some combination of pharmaceuticals and supplements, preventative medicine and conventional treatments for optimum self-care.

Practitioners view patients as partners and work together as a team to ensure they receive the best care possible. The discipline addresses many factors, including the physical, emotional, social, spiritual and environmental influences that affect

a person's health. It treats not only immediate health concerns, but also the broader concepts of health that promote well-being now and into the future. Think nutrition, sleep patterns, hydration and stress management.

Many chronic health issues aren't easily managed by conventional treatments and medication. In those cases, some people turn to a holistic approach of care by combining current treatment plans with the basics, such as exercise and pain management but also alternative therapies, including acupuncture, reflexology, massage and many others. At HonorHealth, our team-based approach looks for opportunities to improve overall wellness and help patients live their best life.

"Integrative medicine does not replace conventional care," says Melinda Atienza, DO, Integrative and Functional medicine specialist at HonorHealth Integrative Medicine. "It gives us additional tools, and it allows the body to heal itself using natural therapies. Our focus is on promoting wellness and preventing illness through healthy living. This holistic approach sets the foundation for overall health and brings together conventional and complementary approaches in a coordinated way."

Prescription medications may be appropriate and necessary, however for some patients they may not be completely effective or could have



serious side effects. Integrative medicine offers natural alternatives that address these concerns and emphasizes less invasive treatments whenever possible.

HonorHealth patient Cindy G. has experienced the benefits of integrative medicine herself. "I have been battling stomach issues for as long as I can remember. Integrative medicine's approach to wellness has been critical in my care and provides the best of both worlds—traditional medicine combined with therapies that understand the individual as a whole. I am confident that this approach will greatly improve my issues and overall wellness."

Evolving over thousands of years, the practice of integrative medicine supports optimal health by addressing the root cause of disease. It can improve a person's quality of life by addressing hormonal imbalances, improving immunity and inflammation through gut health and evaluating vitamin deficiencies and food sensitivities. Improved mental health may also be achieved by addressing many of these same causes.

"It's not just a pill for an ill," states Dr. Atienza. "I believe nature knows how to heal us."

Alternative Therapies Highlighted

Some therapies offered by HonorHealth Integrative Medicine primary care include:

- Acupuncture
- Massage
- Yoga
- Tai chi
- Mindfulness and meditation
- Guided imagery
- Osteopathic manipulation
- Vitamin/herbal supplementation
- Bio-identical hormone therapy

As the needs of our community continue to grow and change, the demand for complementary therapies also increases. Donors with a strong interest in this discipline have given generously to help launch this innovative program.

"When we look at how we can continue to elevate total patient care and the wellness of our entire community—Integrative Medicine brings it all together," comments Ashleigh Leite, Senior Vice President of Major Gifts at HonorHealth Foundation. ●

For more information on HonorHealth's Integrative Medicine Program, please e-mail Foundation@HonorHealth.com or call 480-587-5000.

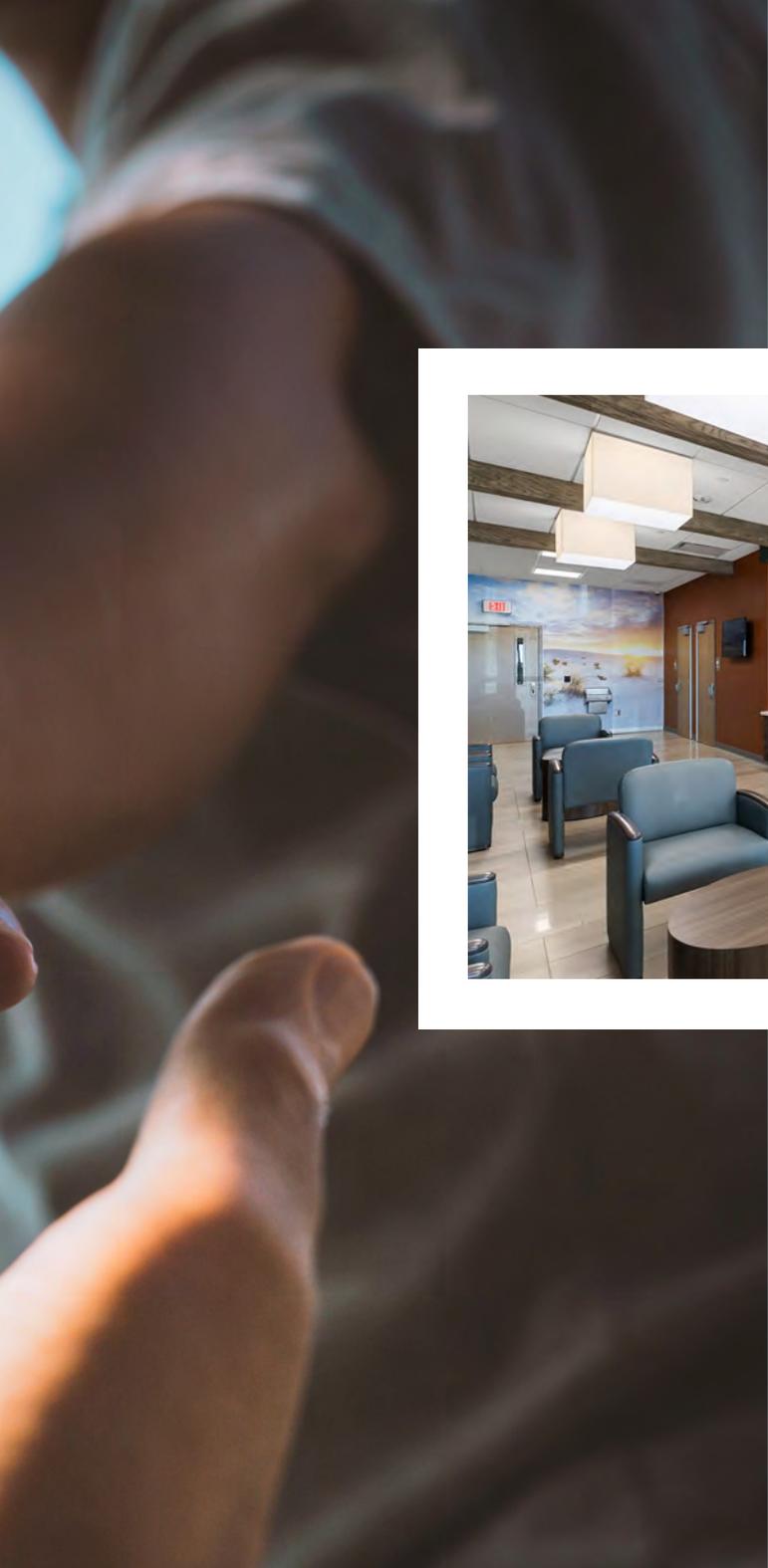


Rounding Out Community Health

SCOTTSDALE VIA LINDA
BEHAVIORAL HOSPITAL

*With behavioral health
issues on the rise Valley
residents have a safe space to
land right in their backyard*

In a world struggling through post-pandemic realities and the behavioral health issues exacerbated by isolation, the need for behavioral health services continues to rise across all generations. In fact, in 2020, there was a 30 percent increase in mental health-related emergency room visits for those between 12 and 17 years old¹. HonorHealth has formed a partnership



A warm and welcoming environment greets patients and their families.

with Universal Health Services, Inc. to significantly improve access to the full continuum of behavioral health programs and services by building a new, state-of-the-art hospital at 90th Street and Via Linda in Scottsdale.

Scottsdale Via Linda Behavioral Hospital opened in March 2022 with 73,000 sq. ft. of healing space to help patients of all ages get the care they need.

“When we looked at strategically filling this gap and how we could offer the best care, we chose Universal Health Services (UHS) as our partner,” states Rich Silver, MD, Special Advisor to the CEO at HonorHealth. “UHS offers experience and depth in clinical programming, but they also know how to run programs efficiently.”

Born from the core vision at HonorHealth to offer transformational healthcare through a coordinated and comprehensive approach, Via Linda offers 120 beds, round-the-clock behavioral assessments, a robust outpatient program and partial hospitalization for group, family and individual therapy.

“We will offer different programs for different needs that transform well-being for those navigating behavioral health disorders,” explains Todd LaPorte, President and CEO of HonorHealth. “The foundation of our programming will always be the right care, with the right medical staff and the right intensity.”



Behavioral health is the connection between an individual's behavior and the health of their mind, body and spirit. Very simply, habitual behavior will affect an individual's overall health and wellness. This can include healthy habits like a good diet and exercise. It can also include concerning habits such as anxiety that affects sleep or personal relationships.

Some of the broad behavioral disorders a patient may need help navigating include anxiety/nervousness, substance abuse, schizophrenia, bi-polar disease, dementia with agitated behavior or suicidal ideations. These various behavioral disorders require specific, comprehensive and compassionate care. The Via Linda Behavioral Hospital gives our community and patients that

totality of care with a specialized staff including doctors, nurses, social workers and even transport to and from the facility.

"Most people in their heart think behavioral health or mental habits are fixable—that an individual should just stop being anxious," notes Dr. Silver. "But just like we can't instantaneously stop blood pressure from rising, we need to understand behavioral health is a disease like anything else—it isn't voluntary—and it causes stress and hardship on family, spouses and friends as well as the individual."

Currently, 20 beds are open at the Via Linda Hospital with a focus on adult behavioral healthcare. A phased opening plan will continue with the build-out of specialized



Via Linda Behavioral Hospital expands the availability of treatment to everyone in our community, including the most vulnerable.

programs and staff for an addiction unit, adolescent unit and a geri-psych unit, which focuses on geriatric patients with dementia.

Via Linda Behavioral Hospital expands the availability of treatment to everyone in our community, including the most vulnerable. Some groups, such as veterans, LGBTQ+ individuals, people of color and rural residents, are at higher risk of going undiagnosed and untreated for behavioral health disorders. People with certain mental health diagnoses live shorter lives and often have concurrent physical ailments that reduce quality of life and drive higher healthcare costs overall.

HonorHealth Foundation donors are already supporting a Behavioral Health

Patient Assistance Endowment to meet the ongoing needs for medications and post-hospital care for individuals with limited resources.

“What makes this patient endowment special is the peace of mind it brings to patients who don’t have the resources to fund their post-hospitalization needs,” offers Jared A. Langkilde, President and CEO of HonorHealth Foundation. “The state of Arizona does not have a mandated behavioral health insurance benefit, so the out-of-pocket costs for already vulnerable individuals can be a barrier to care and overall well-being. This endowment will enable individuals to focus on their long-term health.” ●

¹*CDC.gov. Morbidity and Mortality Weekly Report, November 13, 2020, “Mental Health-Related Emergency Department Visits Among Children Aged <18 Years During the COVID-19 Pandemic—United States, January 1–October 17, 2020.”*

For more information on supporting the Behavioral Health Patient Assistance Endowment at HonorHealth Foundation, contact Major Gift Officer, Brenda Solomon, at 480-587-5000.



Summer heat, inflation and rising supply chain issues lead to decrease in food donations and increase in support needed for vulnerable children and adults

A SUMMER DROUGHT FOR *Desert Mission*

The link between hunger and poor health is undeniable, as is the connection between poor academic success and development opportunities. With the support of a generous and caring community, Desert Mission is addressing both through their three primary programs: their Food Bank, which specializes in fresh, nutritious items not generally found in charity food boxes; Lincoln Learning Center, an accredited early childhood learning center that prepares children for a successful start in school; and an Adult Day Health Care center, a safe and social place for elders, most of whom live with neurological conditions and require constant supervision.

These vital programs are feeling the strain only the Arizona summer heat can bring.

Each year, Desert Mission serves more than 40,000 adults, children and families in need in north and central Phoenix through an array of donor-funded programs and services. Its mission addresses social determinants of health—the conditions in which people are born, grow, live, work and age.

“Generally speaking—food, water and scholarships are truly what our greatest needs are this summer

to support the community,” states Sue Sadecki, MS, Ed, FABC, and Executive Director of Desert Mission and Community Services. “It may seem like an interesting combination, but the truth is, families in our community need help across many areas of daily life from food to education and adult care so they can meet basic needs.”

Water is always in high demand for clients of Desert Mission Food Bank, as are nutritious foods like fruit and vegetables, which are seeing a spike in cost that many families cannot afford. With rising prices across the spectrum of basic needs, the most vulnerable in our community are being forced to choose between gasoline for their commute or fresh produce for their families.

As a nonprofit dedicated to ensuring accessible health and social services to children and families at risk, it is the generosity of donors that helps Desert Mission power ahead in times of intensified need.

“These past few years we have been reminded that gifts of kindness and support truly are the foundation of Desert Mission and our ability to deliver our mission to the community in times of crisis,” remarks Sue. “Thank you for your generosity, as we can only build resilient, strong and healthy communities together.”

Food and water are not the only scarcities for at-risk families and children. Development opportunities are also in high demand—opportunities such as early childhood education and adult enrichment for special needs seniors who live with the core family unit. This is where scholarships play a key role in ensuring children and seniors get the additional care and development they need to live full lives.

Lincoln Learning Center is a licensed childcare and early education program accredited by the National Association for the Education of Young Children. This program gives children a solid groundwork for academic success by providing learning opportunities for children from 6 weeks to 12 years of age. It is one of the few schools in Arizona to meet the nation’s highest standards for child development and school readiness.

Scholarships are critical for low-income families during summer months to help offset the costs of a longer school day and programming schedule at Lincoln Learning Center. Summer tuition is \$220 per week to cover programming and meals for each child but even this modest cost is too much for many families who want a structured, safe learning environment for their children. The average scholarship is \$728 per family. But the needs outpace donations.

“My husband and I can’t stress enough the warm, welcoming, loving and compassionate environment that Lincoln Learning Center teachers create in their classroom,” conveys a grateful Desert Mission client. “As parents of triplets, the first few weeks of our enrollment were difficult. Lincoln Learning Center teachers worked with each child to help them understand that the classroom was a fun, accepting and safe home-away-from-home for them. As we have seen, each of the three children has excelled over the year and three months they were in preschool.”



Your Generosity Enabled Desert Mission to Provide:

15,367
emergency food boxes

6,522
households with food
(many served multiple times)

3,213
federally funded emergency food boxes, supplemented with items from the food bank, for low-income seniors

271
children at Lincoln Learning Center with 98 percent of pre-K graduates assessed as Kindergarten-ready

48
Daily clients at Adult Day Health Care, 27 percent of whom are veterans

For calendar year 2021

Desert Mission’s Adult Day Health Care program plays a critical role in the continuum of aging. It allows frail elders, most with cognitive or physical impairments, to remain living independently in the community, at home with their loved ones, for as long as possible.

“The two days my husband spends at the center are the best days of the week for both of us,” remarks Barbara, a Desert Mission Adult Day Health Care client. “He is always talkative and animated after attending. His mood is happier and his feelings of value increased. He looks forward to Wednesdays and Fridays despite his having to wake up earlier than usual. Believe me, his willingness to get up before 10:30 am is a huge accomplishment and a sincere compliment to Desert Mission’s staff and program.”

This critical program provides up to \$15,000 annually for gap-scholarships to welcome vulnerable families into their community of care. This temporary assistance provides families in crisis with a helping hand to ease the transition to caring for an ailing parent. Nearly 90 percent are living with dementia or Alzheimer’s disease and cannot be alone when family members are working.

Weathering the storm of these challenging times as a community and offering independence and kindness to others through philanthropy serves as a great reminder of the humble beginnings of Desert Mission.

“Desert Mission was built upon a foundation of caring neighbors building a kind community over 95 years ago,” recalls Sue. “It continues to uplift lives today because of the active generosity and willing service to others so universal across the Valley.” ●



In Lieu of Flowers Becomes a Blessing for Others

Above: Benoit, Deanna and Laura Beisser are all smiles doing what they love—spending time together as a family.

Active and independent patient Laura Beisser, PGA, could not have been dealt a more devastating diagnosis—a rare and aggressive form of cancer known as biphenotypic acute leukemia. As she planned for the unknown during her treatments at the HonorHealth Cancer Transplant Institute, she wanted family and friends to honor her in a way beyond traditional flowers, hence the Laura Faye Beisser, PGA Bone Marrow Transplant Fund was established.

Before her diagnosis in June of 2021, Laura loved her highly active and independent lifestyle. She was an aerobics instructor and enjoyed the blessings of having a close-knit and athletic family who did everything together—her mother Deanna and her brother Benoit. (Sadly, her father Nick, a regarded neuro-radiologist in Flagstaff, passed away in 2017.)

“I was in top health,” recalls Laura. “Fitness was a priority in our lives, so the diagnosis came as a total shock.”

Laura underwent various treatments, including a blood marrow transplant, at HonorHealth Cancer Transplant Institute, part of the Virginia G. Piper Cancer Center at the Shea Medical Center. The Institute provides leading-edge care for a wide range of non-cancerous blood disorders and blood malignancies, including various types of leukemias, lymphomas and myelomas.

Abraham Kanate, MD, a hematologist, medical oncologist, and Laura’s primary attending physician, worked alongside other physicians, nurses, nurse practitioners, pharmacists and social workers to provide the most comprehensive and innovative care. In part, what makes the Institute unique is they meet weekly to discuss all their patients’ treatment plans and come to mutual decisions about their care as a team.

In what she describes as a blessing, while her family took turns visiting during COVID-19 restrictions, Laura developed a “second family” in the nurses and doctors delivering her treatment and care. This new family not only listened and offered moral support, but helped Laura manage the rigors of treatment and avoid potential side effects and complications.

“Because of COVID-19, only one family member at a time was allowed,” reminisces Laura. “But I never felt alone because of the constant care of the nurses and doctors. Talk about people who knew what I was going through!”

continued on next page



A Grateful Ovation

Meaningful Applause For Your HonorHealth Care Team

When you or someone close to you receives exceptional care, it feels good to express your gratitude. The very act of recognition for your care team creates a sense of meaning, closure and even contributes to healing. Now, you have a new way to stand up and cheer your HonorHealth care team—*Ovation*, the HonorHealth Foundation Grateful Patient Program.

Exceptional, compassionate care is our goal and we love enthusiastic displays of appreciation from our patients and their families because the care and services received were made possible, in part, through the generous philanthropy of past grateful patients. You could say that patient gratitude creates a circle of care for our community.

Ovation offers a way to recognize the healthcare heroes who made a difference in your journey. Your Ovation in their honor could be words of gratitude or a charitable donation to the clinical program that made a difference for you or a loved one.

“Despite the challenges in healthcare, we hear hundreds of stories of lives touched by the warmth and care of a particular nurse, the lifesaving intervention of a trauma team, the innovative approach of a physician,” remarks Debra Stevens, the Foundation’s senior vice president of communications and donor relations. “Everyone appreciates hearing they directly impacted someone’s life in a positive way and Ovation is an easy way to deliver that message to your care team.”

Beyond gifts to programs, every nurse and physician has been moved by the donation of a former patient’s words of gratitude for the special care they received under their nurturing wings. The Foundation will ensure that your words of tribute will be presented to the caregiver or care team you’re honoring.



If you would like to say “thank you” with an Ovation, learn more by visiting HonorHealthFoundation.org/ovation or just scan the QR code with your mobile device.



Benoit and Laura are best friends and siblings. They both had careers as professional golfers and maintain a bond that strengthens both of them—which helped Laura in her fight with cancer.

It was during one of her treatments that Laura was inspired to give back in a new way and make a difference for others. She asked her brother, Benoit, to grab her a bottle of water from the refrigerator. Benoit noted that the Institute could probably use a new refrigerator as it seemed older. Right then and there, Laura gifted HonorHealth Foundation \$4,000 to buy new appliances for the Bone Marrow Unit.

From there, the spark turned into a fire and the idea of honoring Laura's bold and brave fight came to life. The Laura Faye Beisser, PGA Bone Marrow Transplant Fund will specifically support the Bone Marrow Transplant Unit to

further advance new treatments and care for those patients fighting cancers of the blood.

As Benoit noted, "We both are single and have no kids, so we always joke that our cats would have one heck of a compound and all our money. This makes more sense and just feels right."

"The amount of care I was given when I was so vulnerable and fighting for life was extraordinary," offers Laura. "I was completely uprooted and the people who supported me and made me feel safe and kept me alive were at HonorHealth. This is our way of giving back and helping all the patients who walk through those doors."

As a family, Laura shares that they have a mission statement: "If you can bless others—do it." What could bless others more than the act of kindness in motion for anyone who needs it? The support of this fund has become a family affair with both the maternal and paternal sides of the family donating to help nurture this legacy for Laura.

Laura's enthusiasm and perspective on her quality of life have inspired the HonorHealth staff as she slowly starts to gain "old life" momentum—spending quality time with family and friends and working out at the gym.

"It is very humbling to see a patient giving it forward," remarks Dr. Kanate. "It was very gracious and generous of her to think of other patients during her battle with cancer."

"Laura was always battling, so likewise Mom and I were battling as well, trying to keep the outside world rolling, so when she got released, she could come back to something and step back into the world. This legacy is a way to honor all she has been through," notes Benoit. "The way we view it is our family also got cancer, but in a different way and all our lives have completely changed. So now we can help others change their lives for the better." ●

HONORHEALTH®

Foundation

Giving Hearts

CONNECT LOVED ONES TO THEIR LITTLE ONES

Introducing family and friends is a precious part of welcoming a newborn into the world. But for preemies with health challenges, “home” is the HonorHealth Scottsdale Shea Neonatal Intensive Care Unit (NICU), sometimes for months.

Through the generosity of **Erika and Roger Greaves**, the NICU now features a high-tech system with a high touch purpose.

Erika's Angel Watch offers a 24/7 live video feed of the NICU babies. Parents decide who has access to the secure phone app, but once approved, family and friends can visit virtually any time.

“Especially during COVID visitor restrictions, families might have missed out on those joyful moments of meeting baby for the first time,” says Mary Luster, Sr. Clinical Director for pediatrics. “Erika’s Angel Eye provides peace of mind, a stronger sense of bonding and gives family and friends the opportunity to see baby’s progress through their NICU stay.”

The Greaves consider it a privilege to support these little ones who will build the future for our world.

“I’ve had so much given to me in blessings and now it’s time to give back,” says Erika.



“We can make a permanent difference by investing our gifts where they can do the most good and blossom in the future.”

– ROGER GREAVES



1 IN 10 babies are born premature

400 babies cared for in the HonorHealth Scottsdale Shea NICU last year

Average length of stay is **25 DAYS**

42 Erika's Angel Watch cameras connect families to their NICU baby



Protection and Peace of Mind

for Our Patients,
Families and Staff

With the protection of ever-watchful K-9 Security

Officers and their handlers, HonorHealth patients, staff and families can feel safe at all times of the day or night. Highly trained and round-the-clock officers are a critical asset at HonorHealth, and hospitals around the nation, as medical providers face an increasing number of potentially volatile situations.



K-9 Officer General providing extra care for patient Abigail before her surgery.

Founded in 1999 with two officer/handlers and two canines, the program has expanded to 15 officers (and growing) patrolling six hospital campuses, with at least two handlers and K-9 officers at each campus. The K-9 Security Program is wholly dependent on philanthropic gifts. Your generosity ensures each extensively trained K-9 team is ready to respond whenever they're needed, whether for protection or just some patient care.

"There isn't a day that goes by without a department calling upon a K-9 officer to help the nursing staff decompress from extremely stressful situations in the ER and ICU," remarks James Marconato, K-9 Program Supervisor. "Whether that is from a combative patient or a family member that is out-of-hand, nurses ask for the dogs as it de-escalates their day and that is the benefit of our K-9 officers—providing peace and protection."

Our K-9 Officers not only serve to protect and provide peace of mind, but also to help heal by lifting the spirits of patients and staff they interact with daily.

"I received a visit request from an OR nurse to help ease the anxiety of a patient who was scheduled for surgery," states George Kronin, HonorHealth Security Officer. "I was happy to deliver this patient experience, along with K-9 Officer General. When the patient saw us walk through the curtain, with General's tail wagging, her face lit up with smiles." ●

Through Donor Generosity, HonorHealth Welcomes Two New K-9 Officers



K-9 OFFICER:
General

BORN: February 20, 2020

BREED: Belgian Malinois

ASSIGNED HANDLER:
K-9 Security Officer
George Cronin

ASSIGNED CAMPUS:
HonorHealth Sonoran
Crossing Medical Center

PERSONALITY: General has a very sweet, calm temperament and wants to please his K-9 Handler. He loves to play with tug toys and a Kong. He is very toy driven and great with children, including his handler's daughter.



K-9 OFFICER:
Oscar

BORN: August 04, 2020

BREED: Belgian Malinois

ASSIGNED HANDLER:
K-9 Security Officer
Rebecca Rascon

ASSIGNED CAMPUS:
HonorHealth Scottsdale
Osborn Medical Center

PERSONALITY: Oscar is a very highly driven and excited dog! He is also very social and loves to play. He is very independent, with a strong work ethic.

Events



Looking to Put Your Philanthropy into Action?

Join us for fundraising events that promise to create a ripple effect of healing

If you're looking to make your impact this year, what better way to connect with an HonorHealth program than by attending some of our special events?

Philanthropy in action has never been so fun! This year we have several fundraising events to which you are cordially invited. Join us to see, hear and feel the difference you can make while directly supporting with purpose the programs that touch your heart and transform the lives of others.



Benefitting the Neonatal Intensive Care Unit at HonorHealth Scottsdale Shea Medical Center

Your participation and support will help us reach our goal to raise \$300,000 in support of the NICU, where the tiniest and most fragile patients and their families are treated and nurtured.



To be held on Thursday, September 22 at the Arizona Biltmore, the NICU High Tea features a silent auction, raffle items, pop-up boutiques, a luncheon and an inspiring program.

Co-chaired by two grateful NICU Moms, Stacy Lovell and Mitzie Warner, this promises to be an event that you take home on your heart strings.



Visit HonorHealthFoundation.org/nicu2022 to RSVP and for more event information.



The Honor Ball 2023

**Save the Date for Saturday, February 25
J.W. Marriott Camelback Inn**

Mark your calendar for the event of the season—The Honor Ball 2023, chaired by Sue Fletcher and Sandy Trznadel! As one of the Valley's most anticipated black-tie galas, HonorHealth Foundation predicts another record-breaking night of celebration as we honor Christine and David Watson for their unwavering commitment and dedication to HonorHealth and HonorHealth Foundation.

For more information or to register your attendance, visit HonorHealthFoundation.org/HonorBall2023.



A Breakfast Event Benefiting HonorHealth Desert Mission

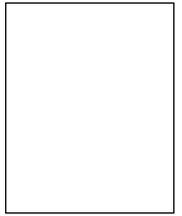
This year we are introducing a brand new signature event designed for Giving Others Love & Dignity, or a Morning of GOLD.

This fundraising breakfast continues the tradition of providing support for Desert Mission's community programs, such as the Food Bank, Adult Day Health Care and Lincoln Learning Center, while serving a message of hope and inspiration to help you "rise and shine" for the rest of the day!

To be held on Thursday, October 27 at the Arizona Biltmore Resort, guests will have the opportunity to learn more about Desert Mission's services to our most vulnerable neighbors and hear from inspirational speakers whose lives were touched by Desert Mission.



To RSVP and for sponsorship information
Scan the QR Code to visit
HonorHealthFoundation.org/dmgold
or call 480-587-5000



“There is no better exercise than reaching the heart and elevating people.”

—John Andrew Holmes

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