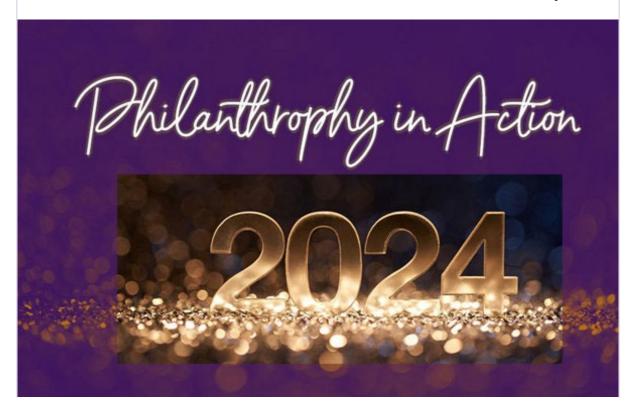


Philanthropy in Action

January 2024



As one year welcomes the next, I want to take a moment to thank you for the faith you show in HonorHealth Foundation and the choices you have made to make us a part of your philanthropic journey.

Your generosity and loyalty have helped the Foundation achieve major milestones for the community's well-being. Your trust has made us resilient and your kindness has inspired us to do more as we serve alongside you. As we enter the New Year we are energized to achieve our fundraising priorities, some new and some legacy, but all of them directly benefiting the health of our patients, community and staff.

Wishing you and yours a New Year filled with health, abundance and peace.

In gratitude,

Jared A. Langkilde, MBA, CFRE President & CEO

2024 fundraising priorities

Staying on point with community needs and a changing healthcare landscape for Arizonans means the Foundation must be strategic and nimble. For 2024, we have adjusted our fundraising priorities to not only meet but help transform challenges to greater health and well-being.



For the past several years, we have been focused, along with HonorHealth, on bringing health TO the community, outside of hospital or urgent care walls. This includes programs such as a new Sports Medicine program at HonorHealth Medical Campus at Pima Center and the <u>Blue Zones Project – Scottsdale</u>. These initiatives enable you, and our medical staff, to be more involved over the years in keeping you healthy and not just treating disease.

So for 2024 our fundraising goals are specific yet expansive to ensure all Arizonans can get the most innovative and personalized care they need. Program priorities support our ability to respond to urgent system needs, advance clinical care and innovation and build safer, healthier communities for adults and children.

Some of our priority programs this year, include: <u>Blue Zones</u>, <u>Cancer Care</u>, <u>Desert Mission</u>, <u>Center for Interventional Endoscopy</u>, <u>Neonatal Intensive Care Unit</u> and the <u>Greatest Needs Fund</u>. All of these programs touch specific areas of need for Valley residents and beyond.

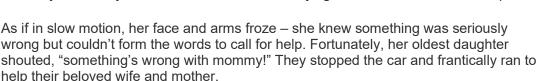
If you'd like to learn more about any of our 2024 priority programs, click on the program name or call the Foundation at 480-587-5000.

New cardiovascular procedure repairs the heart of a family

February is American Heart Month and perhaps no heart is more grateful this year than the one that beats within HonorHealth patient, Danielle.

As a busy mom caring for her newborn child, Danielle was waving goodbye to

her husband and their three school-aged children as they were pulling out of the driveway. That very moment, she suffered a terrifying stroke on her front doorstep.



Danielle was rushed to HonorHealth Thompson Peak emergency department, where they found a blood clot had broken loose and traveled through her heart and into her brain, causing the stroke. She was then referred to David Rizik, MD, Chief of Complex Interventional Cardiology at the HonorHealth Cardiovascular Center of Excellence who discovered that Danielle had a patent foramen ovale or PFO, a congenital condition with a hole in the wall between the left and right atria of the heart. Using a minimally invasive, catheter-based, non-surgical procedure, Dr. Rizik implanted an umbrella device to repair her heart.

"The procedure went so smoothly," said Dr. Rizik. "It was a picture-perfect closure and we were all very pleased and very confident that she would never have this problem again."

Today, Danielle, a life-long runner and fitness enthusiast, is running again at high levels and participating in physical activities that challenge her heart rate with no issues.

Thank you to all our donors who give to the Cardiovascular Center of Excellence to expand care and elevate outcomes for patients like Danielle.





Adopt a cow to feed the hungry at Desert Mission

In honor of National Milk Day, and building awareness of the need for nutritious food, the Foundation is partnering with the Dairy Council of Arizona for an Adopt-A-Cow campaign!

Did you know that milk is the least donated item to food banks? Yet it's highly nutritious for young children and adults.

Through January 11, 2024, adopt your very own plush cow and 100 percent of the proceeds return to Desert Mission Food Bank for the purchase of milk. One cow = 14 gallons of milk. Get yours today!



Winter 2023 Reflections of Honor now online

The latest edition of our magazine, *Reflections of Honor*, is now available online.

The magazine features both educational and inspirational stories of YOUR philanthropy in action and the impact you bring to our community.

Be inspired by former CEO, James Schamadan's legacy of innovation and moved by Magdalena's journey back to health.

Read it online or download a PDF.

BOK Financial operates with a heart of service

BOK Financial is focused on giving back to local nonprofits and helping them make an impact. We talked with Angie Ramage, Vice President, Senior Regional Community Relations Manager at BOK Financial, about their corporate philanthropy and the impact they want to have.



Share with us your corporate philanthropy mission.

At BOK Financial, our community is our livelihood. For that reason, we believe in giving back in many different ways to actively advance the communities we serve. Our charitable contributions are focused on four pillars of giving: United Way, education, basic needs and economic development.

What specifically drew you to supporting Desert Mission Food Bank and The Honor Ball 2024?

Our main Arizona office is located in Scottsdale. Many of our team members and clients are HonorHealth clients and we see the impact the organization has on making our community healthier and a best place to live. We chose to support the Honor Ball because many of our clients also support and attend this event. And giving to Desert Mission Food Bank was an easy choice because of the success in bridging the nutrition gaps that negatively affect the health and well-being of community residents.

What philanthropic legacy do you want to create for BOK and therefore its clients?

Even though we serve clients across the country, some of our most important work happens on a much smaller scale—with our neighbors and communities. The communities we serve are where we live and raise our families—we're deeply focused on being good neighbors. Advancing our community is more than a commitment—it's our culture.

We are honored to be a nonprofit partner and on behalf of our patients and community, thank you for your support.

Photo: Members of BOK Financial Arizona Leadership Team cooked and served dinner at a local charity in early December as the team holiday activity.

Revolutionary new pacemaker transforms patient's life

Barbara G., a retired hospital laboratories administrator, once had a weak heart with a low heart rate which often left her short of breath even after the slightest exertion.

But today, the 73-year-old Scottsdale resident plays golf several times a week and is loving life with a heart that beats a vibrant 70 times a minute, thanks to a revolutionary dual-chamber leadless (wireless) pacemaker — the world's first such device — implanted at HonorHealth Research Institute.



"I've never had any problems since," Barbara says of her procedure in April 2022, in which Rahul Doshi, MD, an electrophysiologist in the research institute's Cardiovascular Research Division, implanted the dual chamber pacemakers inside Barbara's heart as part of a clinical trial.

Barbara was one of 22 patients at the <u>Research Institute</u> to have the device implanted; one of the first 300 worldwide.

"I felt so much better. I have so much more energy," Barbara remarks. "I play golf 3 or 4 times a week. I exercise. I walk. I feel totally fine. I'm not inhibited in any way, and I'm looking forward to having a good long life."

"This new system now provides a solution for the vast majority of patients who need pacemakers," said Dr. Doshi, predicting, "Dual chamber leadless pacing is going to revolutionize leadless pacing, and I believe it could actually take over the entire pacing world."

HonorHealth is committed to innovation to advance patient care. To all the donors who selflessly give for the health of others, YOU helped make this life-saving procedure possible.