

Philanthropy in Action

May 2023



This month, as we celebrate mothers, it is a great time to reflect and step into gratitude for all the women in our lives who make the world a better place through their compassion, action and unconditional love.

Mothers helped all of us take our first steps, find our joys and reach for our stars. Many of the staff here are mothers who give their heart to our mission as well, working daily to help the vulnerable in our community stay healthy. (You can read more about them in the following stories.)

The power of the heart is something we at the Foundation are grateful for every day because we know that it transforms whatever it touches.

Thank you to all the moms who give so selflessly. And thank you for your trust — it means the world to us and those in our care.

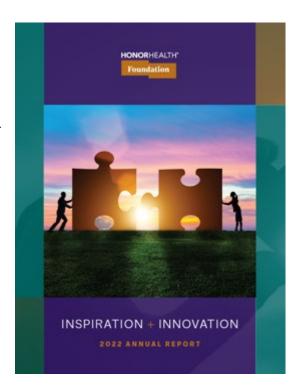
Jared A. Langkilde, MBA, CFRE President & CEO

2022 Annual Report now available online

Meet patients you helped through your gifts and points of impact you made possible through your generosity in 2022.

Read **Inspiration + Innovation**, the <u>HonorHealth Foundation 2022 Annual</u> Report,

We hope you enjoy it!



Giving back to nurses

Some say nursing is a "work of heart." Here at HonorHealth, we know that nursing is a work of honor. HonorHealth Foundation works on behalf of our community to support our nurses, which in turn enables them to better serve our patients.



This year, we have launched the HonorHealth Nursing Excellence Endowment to actively support the front-line

caregivers who make your experience at a critical time the most compassionate and comprehensive it can be.

The Nursing Excellence Endowment will directly support our exceptional healthcare heroes through advanced education and training, such as increasing specialty academy enrollment/curriculum to train novice nurses and those new to their specialty.

HonorHealth nurses already prove they are at the top of their profession, achieving and maintaining Magnet status, which only six percent of hospitals in the nation can claim. Your investment in their training ensures we continue to meet the highest standards for nursing in the country and continue our exceptional and innovative care, at every aspect of your healing journey.

Our expert nurses are at the heart of HonorHealth. They do so much for us. **Now, we want to care for them!** Learn more about this special program and make your tax-deductible donation today!

The generous nature of gratitude

HonorHealth Foundation president and CEO, Jared A. Langkilde, has launched his new blog: **Innovation & Inspiration**. The second piece, "<u>The generous nature of gratitude</u>," is now live on the HonorHealth Foundation blog.

Bookmark the <u>blog homepage</u> and check back often for updates and thought

leadership pieces about the work and power of philanthropy.



"Choosing to be grateful bonds us to each other, strengthens our friendships and unites our communities. Gratitude sustains our hope for a better tomorrow, and is a prerequisite for real, genuine happiness."

Meet the moms of HonorHealth Foundation

In honor of Mother's Day, we are highlighting a few of the Foundation's amazing moms and their children. The bond between a parent and their child is special and we love learning about our work family. We hope you do too.

"A mother's hug lasts long after she lets go." —Unknown

Meet a few of our moms profiled below.





Meet Debra Stevens, mom and senior vice president of communications and donor relations



Meet Katy Gilbert, mom and vice president of grants

How many children do you have and what are their names?

How many children do you have and what are their names?
Two boys ... Kyle is 30 and Joel is 27.

After six years, I finally have both my kids together back here in the Valley.

Favorite activities to do together?
Sunday family dinner, watching sports and playing with our dog, Remi.

Best advice you ever got from your child?

"Chill out, mom!" Which is actually pretty good advice.

Advice for new moms?

Don't be afraid to ignore advice that doesn't work for you.

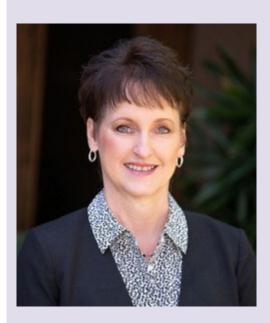
Two children: my daughter, Erin, and son, Drew.

Favorite activities to do together?
Concerts with Erin and sporting events with Drew.

Best advice you ever got from your child?

From Drew: "Relax, just because I don't do things the way you do them doesn't mean I'm wrong."

Advice for new moms? Embrace your village, you don't have to be all things to all people.



Meet Diane Dittbrenner, mom and executive assistant, Communications

How many children do you have and what are their names?

Three: Chase (35!), Brooke and Kaitlyn (30)

Favorite activities to do together?
We all live in different states, but when we get together we like to go to escape rooms



Meet Brenda Solomon, mom and vice president of major gifts

How many children do you have and what are their names?

Josh (25), Michael (30) and Mark (35), plus grands Autumn (8) and Ace (4)

Favorite activities to do together?
Camping, traveling abroad, eating at Middle

or play a paint ball game—parents against kids.

Best advice you ever got from your child? When I first became an empty nester, I told one my daughters how much I missed living with all three of my kids. She said "mom, did you want us to live with you for the rest of our lives or do you want us to start our own adult lives?" (Still deciding...)

Advice for new moms?

Even though raising children during the early years can be exhausting and stressful, try to relax and enjoy every stage as your children grow up. The years fly by and before you know it—they will be grown and out on their own.

Eastern restaurants, hiking, pickle ball and Sunday night cookouts.

Best advice you ever got from your child? Mom what makes you happy doesn't necessarily make me happy. None of my boys attended a prom/dance. My son Michael was eating dinner with me and his grandmother and all of the high school kids were there for prom. I cried that he was missing out. He turned and said mom that stuff is not important to me.

Advice for new moms?

Kids don't need fancy toys to be happy. They need your time/attention. I bought the boys popsicle sticks and they used those instead of Legos to build amazing buildings and two of them became engineers.

Your generosity supports next generation of surgeons

The HonorHealth General Surgery Residency program began in 2014. Residents evaluate patients and create a care plan, including ordering tests and scheduling procedures under attending surgeon coverage by Dr. Joseph Sucher (left) and Alicia Mangram, MD, FASC (center).

The program also gives residents the opportunity to provide follow-up care during post-op visits, offering a full-continuity experience while easily communicating with the referring physician.

HonorHealth Foundation president and CEO Jared Langkilde (right) recently attended a ceremony to recognize the



program's success in preparing the next generation of physicians and providing exceptional care to patients, including many who are at high risk due to socioeconomic issues.

Thank you to our donors whose kindness and compassion have enabled the Foundation to support this important program.

Thank you for your loyalty

The Foundation is honored to have loyal donors supporting the critical health and social services that leave a lasting impact on our patients and our community. Pat and Alan Moyer have supported HonorHealth Desert Mission through 40 years of giving—leaving a legacy of care for some of our communities' most at-risk families.



Despite moving to Tucson, they continue to support the programs and services that give a lift up to children and families in Phoenix needing extra help with food, education and adult day care.

Their loyalty and service to others is inspiring. Thank you, Pat and Alan, from the entire HonorHealth Foundation team! YOU make an impact!